

La Source. Jean-Auguste-Dominique Ingres
Rocks, River, Trees and Sky. Beauty.

June 15 - August 15, 2009

Art For Well Beings Summer 2009 CLASSES

Sundays June 21st and July 12th

1:30 - 3:00 • Po Em Tea

Bring a poem or some tea or
if you are po - bring empty.

Mondays

10:30 - 1:30 • Important Golden Workshop
- see back for details -

2:00 - 4:00 • Agitating, Arguing or Agreeing
about Art

4:00 - 6:00 • Portfolio Development

6:00 - 8:00 • Critique Group

Tuesdays

9:30 - 11:00 • Anything Goes Art

11:00 - 1:00 • Explore Experience Enjoy and
Engage

2:00 - 4:00 • Art BRuT - Art in French

4:30 - 5:30 • Honest Earnest Artist

Wednesdays

10:00 - 11:30 • Animals Among Us
- Art about animals

12:30 - 3:30 • Golden Redux
- Important Golden Workshop revisited

3:30 - 4:30 • Growing Art

4:30 - 5:30 • Palo Alto Art

- create paintings about Palo Alto things

Art For Well Beings

650.776.8297

www.artforwellbeings.org

Thursdays

10:30 - 11:30 • Growing Art

11:30 - 1:30 • Private Art Classes

1:30 - 3:30 • Just Plain Air - Artists play inside
the studio while breathing.

3:30 - 5:30 • Open Air - same thing

Fridays

10:00 - 11:30 • Elements of Art for Children Artists

11:30 - 1:30 • Open Air - still breathing

2:00 - 4:00 • Drawing/Painting

4:00 - 6:00 • Artists Way

Saturdays

10:00 - 11:30 • Escorting Each Other in Art
Parent and child play together

Per Pair of people \$180 series of 8 / drop in \$35

FEES: 1 hour class \$120 series of 8 / drop in \$25

1.5 hour class \$160 series of 8 / drop in \$35

2 hour class \$200 series of 8 / drop in \$40

3 hour class \$240 series of 8 / drop in \$55

some exceptions may apply

Private and Group classes are available

www.artforwellbeings.org for class descriptions.

All materials provided. All are welcome.

SOME WELL BEINGS

Jana Tuschman has always been excited by human creative expression and the expression found in the world of nature. Having experienced a life of using her senses to appreciate and help understand the world, she loves to share her discoveries, as well as learn from, children. She has taught art in Palo Alto and Menlo Park schools. In her own work Jana plays with paint and a variety of materials.

Barbara Ruzgerian is an expressive artist interested in exploring all aspects of art. Barbara offers artists a safe welcoming environment where learning is enjoyable, challenging and supports personal growth health and well being. She has taught children in both Palo Alto and Los Angeles unified schools. Barbara is also certified yoga instructor specializing in restorative yoga.

Adriana Ippati-Torrens does not follow any rules - she just paints. She paints in English, Italian, Egyptian and French. She tutors in French for Partners for New Generations. Adriana has been teaching at the Morgan Autism Center in San Jose since 2006. www.ippatitorrenswatercolors.com

Teri Dillon Scott has been teaching art in the Bay Area for over 12 years. She has a particular focus on helping artists find their personal voice, inspiration, and motivation. www.teridillonscott.com

Lindsay Sauln will be artistically assisting and teaching this summer.

We welcome you to our new location

2460 Park Blvd. # 3

Tucked in Behind

Palo Alto, CA 94306



Art For Well Beings

Important Golden Workshops focus on one artist or one concept with study, discussion and reflection on the presented topic. Artists create paintings in the spirit of this artist. Summer 2009 series, LA SOURCE, artists will explore new Golden OPEN paints combined with other Golden materials to create paintings about Rocks, Rivers, Trees and Sky. Beauty. We will investigate our ability to circulate freely between an object and its environment. We will observe many artists' varied methods of creating a moving or emotional rendition of nature's jewels. This workshop is taught by Artist or Director Judy Gittelsohn and sets the direction for all classes.

Mondays 10:30 – 1:30 • 8 week series \$320 / Drop in \$55
Workshop Details – www.Goldenpaints.com

La Source

by Jean-Auguste-Dominique Ingres,
Rocks, Rivers, Trees and Sky. Beauty.
June 15 - August 15, 2009
Art For Well Beings theme of the week

06/15/09	Rocks
06/22/09	Rocks
06/29/09	Rivers
07/06/09	Rivers
07/13/09	Closed for Fashion Week**
07/20/09	Trees
07/27/09	Trees
08/03/09	Sky
08/10/09	Sky

**July 13 - 17 Art For Well Beings will host designer Jennifer Gonsalves Fashion Week - Students will design, create and model a garment in a week.

To Register contact:

650 776 8297

www.artforwellbeings.org



Director of Art For Well Beings, Artist Judy Gittelsohn is a Golden Paints Working Artist. She leads many workshops and sets the tone of Art For Well Beings (AFWB).

Born in Oregon, Now in Palo Alto, Judy Gittelsohn paints. She paints saints, heads and bodies with plain paint.
www.judyg.com

This summer, in our new location, AFWB expands our class offerings and is excited to welcome the following Artist - Educators:

Jana Tuschman
Barbara Ruzgerian
Adriana Ippati-Torrens
Teri Dillon Scott
Lindsay Sauln



*Dalai Lama, 2009 plate
by Leith Macfarlane*

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*2460 Park Blvd. Paint by Puzzle™
by artists of Art For Well Beings, 2009*

Art For Well Beings offers art classes and workshops specially geared toward people with special needs. Expression is the goal. Respectful positive play is the method. An encouraging safe collective society is the forum.

We Welcome You to Join Us for Art. Daily.

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